



## What is the Young Parent Support Center?

The YPSC supports parents with comprehensive services as they pursue opportunities for education and healthy parenting, while their children participate in a nurturing child care environment.

## Participant Testimonials

“It’s a place like no other. It gives you an opportunity to get your high school diploma with free transportation and free childcare.”

“They helped me be a better parent.”

“It’s a friendly environment.”

“Amazing field trips!”

“YPSC staff really care about you and your family and want to see you achieve in life.”

Baltimore County  
Department of Social Services  
**Young Parent Support Center**  
201 Back River Neck Road, Suite 100  
Essex, Maryland 21221  
Phone: 410-853-3860 | Fax: 410-686-5479  
[www.baltimorecounty.gov/ypsc](http://www.baltimorecounty.gov/ypsc)

*YPSC is located in the Middleborough Shopping Center next to the Essex Health Center and adjacent to the WIC Office.*

**Services are free...the value of the services is priceless!**

**Hours of Operation**  
Monday-Friday | 8:30 AM to 4:30 PM  
Classes Monday –Thursday  
Intake on Friday

**For more information, contact:**  
Susan Zimmerman, LCSW-C  
Service Coordinator  
Phone: 410-853-3858  
[Susan.zimmerman@maryland.gov](mailto:Susan.zimmerman@maryland.gov)



MARYLAND  
FAMILY  
NETWORK

*YPSC is funded by the Maryland Family Network, Maryland Department of Human Resources, Baltimore County Department of Social Services, Baltimore County Department of Planning and the Community Colleges of Baltimore County.*

*When a baby comes along, life can get more challenging...*



*and we are here to assist!*

## The Young Parent Support Center (YPSC)



*Strengthening families in Eastern Baltimore County for over 20 years!*



## Who can participate?

Baltimore County residents who are:

- Expectant mothers and/or fathers.
- Parents with children eight weeks old (after two-month shots) up to their fourth birthday.
- Parents who would like to improve their parenting skills.
- Adults seeking educational advancement.



## YPSC Goals

- Strengthen families
- Provide support to expectant and new parents
- Promote the healthy development of children
- Encourage economic independence



## How might we help?

- **The Nurturing Parenting Program** is designed to give parents effective strategies to best nurture their child.
- Our **In-Home Interventionist** makes home visits to provide pregnant women as well as mothers and fathers with new parenting tools.
- **Daily Parent and Child Together Time** is for parents to learn activities to do at home to gain understanding of their child's developing skills and to *have fun!*
- **Child care** designed to help children improve their literacy and speaking skills and to be ready for Pre-Kindergarten is offered.



- **Adult Basic Education (ABE)** helps parents prepare for taking the GED tests. Classes are offered Monday through Thursday.
- **Daytime Transportation** to and from the YPSC for residents in Southeast Baltimore County (within limits).

- Provide fun recreational outings and field trips.
- Assist parents in clarifying and achieving their goals!
- Help the parent and/or child connect with area resources/ services, as necessary.
- Offer life skills and health education provided by area experts Monday through Thursday from 2 to 3 p.m.



## Educational Support

A free Adult Basic Education class is offered two evenings a week.

Contact the instructor at 410-853-3866 for dates and times.



*Parents may feel overwhelmed at times, as babies do not come with an operator's manual. Good news! The YPSC may be able to provide extra support that new parents need, as "it takes a village to raise a child."*